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Nicaraguan Rebel Chief Gives Up Fight

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PITAL, Costa Rica, May 16 — Edén Pastora Gómez, the leader of an anti-Sandinista guerrilla force, announced today that he was laying down his weapons and permanently abandoning his war against the Nicaraguan Government

Mr. Pastora, who won fame as a leader of the Sandinista revolution known as Commander Zero, described himself as "shot down by the C.I.A., but not defeated."

"They denied us aid," he said of the Central Intelligence Agency.

According to his aides, Mr. Pastora's force, which has operated mainly in southeastern Nicaragua, was cut off from C.I.A. support because he has refused to unite with other rebel groups belonging to an American-backed coarion called the United Nicaraguan Opposition.

Rivalty Threatens Coalition

The other rebel leaders began talks in Miami this week in an effort to work out their differences, which are so deep that some rebel officials think one key leader may quit the coalition.

Mr. Pastora has said he will not unite with the opposition group because some of its leaders were loyal to the deposed Government of President Anastasio Somoza Debayle. Earlier this week, six of his eight senior commanders deserted him and joined the United Nicaraguan Opposition.

"There is no reason for one more Nicaraguan to die because there is no possibility of military victory," the graying 49-year-old rebel said after wading with 60 of his men across the San Juan River roughly 30 miles northeast of the village of Pital. The river, now shallow because of the dry season, forms the border between Costa Rica and Nicaragua.

Mr. Pastora said more than 1,000 more of his men would soon be entering Costa Rica, though there is some doubt that his force is that large.

Campaign in a Rain Forest

The part of the Costa Rica-Nicara-gua border where Mr. Pastora met reporters today is a thick tropical rain forest bisected by the San Juan River. Mr. Pastora and his men have made this terrain their home for nearly four years, seeking without success to undermine the Sandinista Government to which he once belonged.

Until Congress ordered the backing halfed in 1984, the C.I.A. had directly helped the other rebels, most of whom are members of the largest insurgent group, the Honduran-based Nicaraguan Democratic Force. Last year, Congress authorized \$27 million in non-military aid to the rebels, known as contras. President Reagan's has been unsuccessful so far in persuading law-makers to approve \$100 million in military and economic aid.

Mr. Pastora was met by a crowd of journalists who had traveled from the Costa Rican capital, San José, 155 miles southwest of the site, in a caravan organized by his Revolutionary Democratic Alliance.

Mr. Pastora was also met by the Deputy Minister of Public Security, Col. Rogelio Castro Pinto. Colonel Pinto said Mr. Pastora and his men would be held in custody in San José for a limited time while the Government decides how to deal with their requests for political asylum.

Mr. Pastora said he would now use political means to oppose the Sandinista Government, which he describes as "of the extreme left." But he said he doubted that the Sandinistas would allow any political party he headed to function inside Nicaragua.

At the beginning of the anti-Sandinista insurgency five years ago, American intelligence officials viewed Mr. Pastora as an important asset to the rebel cause. According to diplomats in Managua and San José. Mr. Pastora received clandestine financial aid from the C.I.A. from 1982 to 1984, but was cut off after he refused to support American-backed plans to unify the various rebel groups and began to criticize the agency in public.

Many officials in the region believe that Mr. Pastora's withdrawal from the war will strengthen the United Nicaraguan Opposition.

Diplomats in Managua, however, speculated that while Mr. Pastora's retirement from the war would help unify the rebel movement, it could harm the movement's public image by removing from its ranks a popular figura with impeccable anti-Somoza credentials.